

## OUTSIDE SERVICES AT FOSTER HIGH SCHOOL

**ADULT ENGLISH CLASSES:** Sponsored by Highline Community college. Monday, Tuesday, Wednesday, Thursday's from 6:00p.m.-8:20p.m. Contact number: 206-878-3710 ext. 3670

**COMMUNITY SCHOOLS COLLABORATION (CSC)** is at Foster High School and runs many programs on-site as well as collaborates with teachers and faculty on other programs. Students must be registered with CSC in order to participate in the programs and registration forms are available in the CSC office in the library. Contact Jennifer Youngblood at 206-901-7904 Some of the programs CSC runs are as follows:

- ASST (After School Study Table or Homework help- students can bring their homework to the library to get help on it, to use the computers (for homework only) or come to the library if they just need a quiet place to work. Held Monday through Thursday from 2:30-5:00 in the library
- GIRLS ON THE RUN – high school girls can be a “running buddy” for a middle school girl which culminates in a 5k run on a weekend in early December.
- PEER HEALTH COUNCIL- This program allows students to be involved in health issues and concerns in their school and community. Students have the opportunity to: participate in peer to peer education with high school students and middle school students, gain service learning hours, complete senior projects, attend conferences, summits, and meetings, go on field trips and college visits, meet college aged peer health council members, create needs assessments, campus wide campaigns.
- REFUGEE SUCCESS CLUB – This program provides students with small group and one-on-one homework assistance and academic tutoring in various subjects. Students will be exposed to art, recreation, and social skill-building activities to increase school involvement.
- BROTHERS AND SISTERS PROJECT –This program is designed to support youth who care for young children through age-appropriate, culturally responsive lessons that align with academic goals. Participants learn about child development, emergency preparedness and explore career pathways.

**PUBLIC HEALTH:**Outreach Specialist Callista Kennedy. She is available to see students and/or families on Wednesday afternoons from 12:30pm-2:30pm. This is part of the Access and Outreach Team for Public Health Seattle-King County, whose mission is to:

Promote health and minimize health disparities by increasing access to health care and other public benefit programs:

- Medical Insurance & Health home
- Food Assistance (Basic Food Program/WIC)
- Energy Assistance
- Child Care Assistance
- Advocating for clients

Also to provide medical/dental provider referrals, Healthy Options/Health Plan navigation help, and other resource referrals. Contact number to Callista Kennedy is 206-296-4720.

**RAYS:** (Renton Area Youth and Family Services). Counselors are on-site at Foster High School five days a week. They provide regular ongoing counseling for students facing a variety of challenges. They collaborate with school counselors, teachers and parents to help students develop the emotional health necessary to succeed in high school. Contact number 425-271-5600.

**UNIVERSITY OF WASHINGTON DREAM PROJECT:** The Dream Project is a student-initiated college-access and retention program that partners UW students with students at Foster High School and other high schools in the area. They assist in the college admissions process (including SAT prep, applications, writing essays, applying to financial aid, and finding scholarships). The Dream Project meet at Foster High School each Thursday from 2:30 p.m.-3:30 p.m. each week. Questions call 206-901-7982.

**SOMALI COMMUNITY SERVICE COALITION:** This is an After-School Tutoring and Homework Help Program. Monday - Thursday 3:30pm-5:30pm. Free after-school programming for East African youth, grades 1 through 12. Contact number 206-431-5141

**SUMMER SEARCH:** The mission of Summer Search is to find resilient low-income high school students and inspire them to become responsible and altruistic leaders by providing year-round mentoring, life-changing summer experiences, college advising, and a lasting support network. Program: Each piece of the Summer Search model builds upon the others to provide opportunities and support that few low-income youth would otherwise receive: Contact 206-729-0911

1. Year-round mentoring
2. Full scholarship to summer experiential education programs
3. Individualized college and financial aid advising student
4. Resources for students in and after college support.

**Tukwila Community Center:** Teens for Tukwila: The mission of this group is to “Help teens prepare for their future.” The major areas of focus are college preparation, community service project, and job preparation. This leadership development group is open to high school students who live in Tukwila, and it is a tremendous opportunity for its members to have a unique experience that will impact their lives and future for. For more information contact Nate Robinson at 206-768-2822