

## THE NEXT STEP

What can a parent do if the meeting with the coach did not provide a satisfactory resolution?

Call and set up an appointment with the Athletic Director-JD Hill to discuss the situation **206-901-7922**.

At this meeting the appropriate next step can be determined as necessary.

Whether or not this step is ever reached, please keep in mind the following protocol when you elect to pursue a concern you may have regarding your son or daughter's experience on one of Foster's sports teams. Please make contact as follows;

- **Head Coach.**  
( \_\_\_\_\_ )
- **Athletic Director.** **901-7922**
- **Vice-Principal-in charge of athletics.**  
**901-7915**
- **Principal.** **901-7905**

Since research indicates a student involved in co-curricular activities has a greater chance for success during adulthood, these programs have been established and encouraged. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided within this pamphlet helps to make the Foster Athletic Program as enjoyable and as positive as possible for both you and your son or daughter.

Thank you for your support.

## REMINDERS TO KEEP IN MIND

If an athlete visits a physician for illness or injury, he/she must bring a note from the doctor before being allowed to return to practice.

If an athlete misses any class, he/she will not be allowed to play in a contest that day unless the absence was approved in advance by the AD or the Assistant Principal.

Failure to follow this requirement will result in a contest forfeiture.

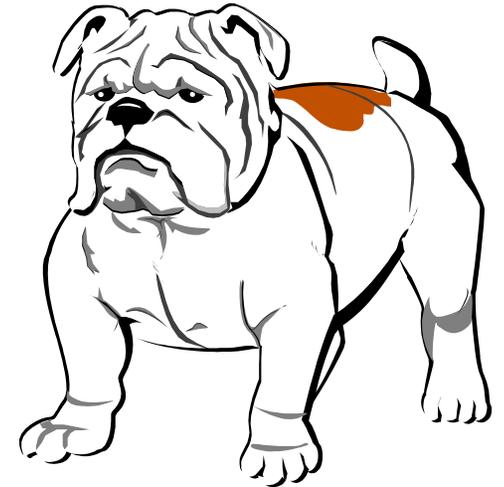
Any use of drugs or alcohol will result in a suspension. School rules and policy apply.

Any athlete who is ejected from a contest will be suspended at least until after the next contest at the same level is completed.

An athlete may not miss a team practice or contest to participate in a non-school sporting event

## Tukwila School District

## Parent/Coach Communication



## Sportsmanship

## Ethics

## Integrity



## PARENT/COACH RELATIONSHIP

We are very pleased that your son/daughter has chosen to participate in the Foster High School athletic program. We will do all we can to provide a positive experience for him/her. Possibly the most important ingredient to achieve this outcome is to insure that lines of communication are developed to allow for free and easy resolution of questions before they become issues. As a parent, you have a right to know what expectations are placed on your son/daughter. This pamphlet is intended to spell out all levels of communications so that parents, coaches, and athletes are aware of the steps they have available to resolve anything they think is or might become an issue.

## COMMUNICATION YOU SHOULD EXPECT FROM YOUR COACH

Philosophy of the coach.  
Expectations the coach has for your son/daughter.  
Locations and times of all practices and contests.  
Team requirements: equipment, off season training, etc.  
Procedure to follow should your son/daughter become injured during participation.  
Participant conduct code and consequences for not following these guidelines.  
Requirements to earn a letter.  
Disposition of lost/outstanding equipment at the end of the season.  
Communication concerning your athlete's role on the team and how he/she fits into the future of the program.

## COMMUNICATION COACHES EXPECT FROM PARENTS

Concerns expressed directly to the coach first in writing  
A face-to-face meeting is set up to discuss parent concern. Don not discuss concern over the phone  
Specific concern in regard to a coach's philosophy and/or expectations.

As your son/daughter becomes involved in the various programs at Foster, he/she will experience some of the most rewarding moments of his/her life. It is important to understand that there also may be times when things do not go the way your or your son/daughter wishes. At these times, discussion with the coach may be the quickest and most effective way to clear up the issue and avoid any misunderstanding.

## APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

The treatment of your son/daughter, psychologically and physically.  
Ways to help your son/daughter improve.  
Concerns about your son/daughter's behavior.

At times it may be difficult to accept the fact that your son/daughter's not playing as much as you or he/she would like. Coaches are professionals who make judgment decisions based on what they believe to be the best for the team and all involved. As you have seen from the list above, certain things can be and should be discussed with your son/daughter's coach.

## COACHES' DECISIONS

Who makes the team.  
Playing time.  
Team strategy.  
Play calling.  
Matters concerning other student/athletes.

There are situations that may require a conference between the coach, the athlete, and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other person's role and position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

## IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH, PLEASE FOLLOW THE PROCEDURE BELOW:

Your son or daughter should first talk with the coach about his/her concerns. (before or after practice)  
Call or email to set up an appointment with the coach to discuss your concern. Put concerns in writing and meet in person with the coach before or after practice  
After meeting and speaking with the coach and your concerns are not met contact the athletic director for parent/athlete/coach! AD group mediation.  
To ensure fairness for all, proper protocol must be followed in all instances before the administration will respond to parent inquiries.